



**MONKS LOUNGE**  
*at Muckross Park Hotel*

## **A BRIEF HISTORY**

The Monk's Lounge was established in 1795. It was known then as The Herbert Arms, owned by the Herbert family later of Muckross House, The Herbert Arms acted as an Inn with accommodation for travellers venturing to Muckross or onwards over the Old Kenmare Road.

According to the 1901 & 1911 National Census the building was made up of between four and six bedrooms with a public bar underneath. The Monk's Lounge name originates from the Franciscan Friars who occupied the nearby Muckross Abbey, which was founded in the 6<sup>th</sup> century by St. Fonan, from 1448 onwards until it was conquered by the Cromwellian forces in 1652.

### **Allergen List**

1-Gluten | 2-Crustaceans | 3-Eggs | 4-Fish | 5-Peanuts 6-Soyabeans | 7-Dairy | 8-Nuts | 9-Celery | 10-Mustard  
11-Sesame Seeds | 12-Sulphites | 13-Lupins | 14-Molluscs  
(V) Vegan (Vg) Vegetarian



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## • STARTERS •

### **SEASONAL SOUP OF THE DAY €9**

Served with Homemade Guinness Brown Bread

**Contains Allergens: 1 (Barley, Wheat), 7, 9, 10, 12**

### **WILD ATLANTIC SEAFOOD CHOWDER €14**

Creamy Soup of Fish, Prawns & Mussels,

Served with Homemade Guinness Brown Bread

**Contains Allergens: 1(Wheat, Barley), 2, 4, 7, 9, 10, 12, 14**

### **CLASSIC CAESAR SALAD €15**

Baby Gem Lettuce, Aged Parmesan Cheese, Sourdough Croutons,

Crispy Bacon, Roast Garlic Anchovy Dressing

**Contains Allergens: 1(Wheat), 3, 4, 7, 10, 12**

**ADD CHICKEN €5**

### **WICKLOW BRIE CHEESE SALAD €15**

Mixed Leaves, Croute, Golden Raisins, Granny Smith Apple, Pomegranate Seeds & Dressing

**Contains Allergens: 1(Wheat), 7, 10, 12**

### **PRAWNS & MUSSELS IN GARLIC BUTTER €15**

Sautéed Tiger Prawns, White Wine Herb Garlic Butter, Cherry Tomatoes, Garlic Bread

**Contains Allergens: 1(Wheat), 2, 7, 12, 14**

### **SMOKED KNOCKANORE CHEESE PORK CROQUETTES €15**

Sneem Black Pudding, Watercress, Pickled Carrot, Truffle Mayonnaise

**Contains Allergens: 1(Wheat, Oats), 3, 6, 7, 9, 10, 12**

**Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergenic, please inform our staff of any allergies.**

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• **SANDWICHES €18** •

Served with a Mixed Leaf Salad & Chips  
Available Until 17:30

**KENMARE SMOKED SALMON & GUINNESS BREAD**

Dill Cream Cheese, Homemade Guinness Brown Bread, Pickled  
Red Onion, Watercress

**Contains Allergens: 1(Wheat, Barley), 4, 7, 9, 10, 12**

**VEGETABLE FRITTER TORTILLA WRAP**

Fried Vegetable Fritters, Apple, Celeriac, Baby Gem, Vegan Curry Mayonnaise

**Contains Allergens: 1(Wheat), 9, 10, 12**

**GRILLED PIRI-PIRI CHICKEN CIABATTA**

Grilled Chicken Fillet, Streaky Bacon, Dried Tomato, Cucumber, Baby Gem, Egg  
Mayonnaise

**Contains Allergens: 1(Wheat), 3, 6, 9, 10, 12**

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• **MAINS** •

**T. CRONIN'S IRISH BEEF BURGER €24**

Cheddar Cheese, Streaky Bacon, Thousand Island Mayonnaise, Baby Gem Lettuce, Tomato, Red Onion, Brioche Bun, Chunky Chips & Side Salad

**Contains Allergens: 1(Wheat), 3, 6, 7, 10, 12**

**SOUTHERN FRIED CHICKEN BURGER €24**

Breaded Chicken Fillet, Streaky Bacon, Baby Gem Lettuce, Tomato, Red Onion, Garlic Mayonnaise, Brioche Bun, Chunky Chips & Side Salad

**Contains Allergens: 1(Wheat), 3, 6, 7, 10, 12**

**IRISH BEEF STEW €25**

Diced Irish Beef, Bacon, Onion, Celery, Chestnut Mushrooms, Carrot, Mashed Potato, Rosemary Gravy

**Contains Allergens: 6, 7, 9, 10, 12**

**IRISH CHICKEN SUPREME €25**

Buttered Potatoes, Caramelized Onion, Carrots, Chicken Thyme Jus

**Contains Allergens: 6, 7, 9, 12**

**WILD MUSHROOM PENNE €24**

Sautéed Mushrooms, Baby Spinach, Parmesan Cheese, Truffle Cream Sauce  
**Contains Allergens: 1(Wheat), 3(Lysozyme), 7, 12 (May Contain Trace Soya & Lupin)**

**FISH & CHIPS €25**

Lager Battered Cod, Tartar Sauce & Skin on Chips, Mushy Peas

**Contains Allergens: 1(Wheat, Barley), 3, 4, 7, 10, 12**

**ROAST ATLANTIC SALMON €29**

Savoy Cabbage, Baby Carrot, Chive Mash Potato, Lemon Capers Butter

**Contains Allergens: 4, 7, 10, 12**

**VEGAN TENDER STEM BROCCOLI RISOTTO €24**

Grilled Tender Stem Broccoli, Almonds, Arborio Rice, Spinach Purée, Vegan Feta

**Contains Allergens: 6, 8(Almonds), 12**

**IRISH BEEF RIBEYE STEAK €34**

Braised Beef Cheek Potato Rösti, Caramelized Onions, Wild Mushrooms, Celeriac Purée, Whiskey Green Peppercorn Cream Sauce

**Contains Allergens: 6, 7, 9, 10, 12**

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• **SIDE PLATES €5** •

**MIXED LEAVES**  
Contains Allergens: 12

**CHIPS**  
Contains Allergens: NONE

**CREAMY MASH**  
Contains Allergens: 7, 12

**SEASONAL VEGETABLES**  
Contains Allergens: 7, 12

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## • DESSERTS €10•

### **BREAD & BUTTER PUDDING**

Rum & Raisin Ice Cream, Crème Anglaise, Caramel Sauce, Brandy Snap  
**Contains Allergens: 1(Wheat), 3, 6, 7**

### **BAILEY'S CHEESECAKE**

Teeling's Irish Whiskey Ice Cream, White Chocolate Sauce  
**Contains Allergens: 1(Wheat), 3, 6, 7**

### **CHOCOLATE PECAN BROWNIE**

Salted Caramel Ice Cream, Chocolate Sauce  
**Contains Allergens: 1(Wheat), 3, 6, 7, 8(Pecans)**

### **APPLE CRUMBLE TART**

Vanilla Ice Cream, Custard  
**Contains Allergens: 1(Wheat), 3, 6, 7**  
**(Available Gluten Free)**

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