



**MONKS LOUNGE**  
*at Muckross Park Hotel*

## **A BRIEF HISTORY**

The Monk's Lounge was established in 1795. It was known then as The Herbert Arms, owned by the Herbert family later of Muckross House, The Herbert Arms acted as an Inn with accommodation for travellers venturing to Muckross or onwards over the Old Kenmare Road.

According to the 1901 & 1911 National Census the building was made up of between four and six bedrooms with a public bar underneath. The Monk's Lounge name originates from the Franciscan Friars who occupied the nearby Muckross Abbey, which was founded in the 6<sup>th</sup> century by St. Fonan, from 1448 onwards until it was conquered by the Cromwellian forces in 1652.

### **Allergen List**

1-Gluten | 2-Crustaceans | 3-Eggs | 4-Fish | 5-Peanuts | 6-Soyabeans | 7-Dairy | 8-Nuts | 9-Celery | 10-Mustard  
11-Sesame Seeds | 12-Sulphites | 13-Lupins | 14-Molluscs  
(V) Vegan (Vg) Vegetarian



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## • STARTERS •

### **SEASONAL SOUP OF THE DAY €9**

Served with Homemade Guinness Brown Bread  
**Contains Allergens: 1 (Barley, Wheat), 3, 7, 9, 10, 12**

### **WILD ATLANTIC SEAFOOD CHOWDER €14**

Creamy Soup of Fish, Prawns & Mussels,  
Served with Homemade Guinness Brown Bread  
**Contains Allergens: 1(Wheat, Barley), 2, 3, 4, 7, 9, 10, 12, 14**

### **CLASSIC CAESAR SALAD €15**

Baby Gem Lettuce, Aged Parmesan Cheese, Sourdough Croutons,  
Crispy Bacon, Roast Garlic Anchovy Dressing  
**Contains Allergens: 1(Wheat), 3, 4, 7, 10, 12**

**ADD CHICKEN €5**

### **TOMATO & BUFFALO MOZZARELLA SALAD €15**

Watercress, Basil, Kalamata Olive Tapenade, White Balsamic Dressing  
**Contains Allergens: 1(Wheat), 7, 12**

### **SWEET CHILI PRAWN SALAD €15**

Grilled Tiger Prawns, Vermicelli Noodles, Mange Tout, Orange Segments,  
Mixed Leaves, Cashews, Sweet Chili Sauce  
**Contains Allergens: 1(Wheat), 2, 6, 8(Cashews), 11, 12, 14**

**Please note all food is prepared in a kitchen environment where we handle a variety of potentially allergic, please inform our staff of any allergies.**

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• **SANDWICHES €18** •

**Served with a Mixed Leaf Salad & Chips**  
**Available Until 17:30**

**POACHED SALMON**

Lemon Mayonnaise, Scallions, Watercress,  
Homemade Guinness Brown Bread  
**Contains Allergens: 1(Wheat, Barley), 3, 4, 7, 10, 12**

**TOMATO & BUFFALO MOZZARELLA FOCACCIA**

Basil Purée, Sundried Tomatoes, Kalamata Olive Tapenade, Baby Spinach,  
Olive & Sundried Tomato Focaccia  
**Contains Allergens: 1(Wheat), 7, 12**

**GRILLED CHICKEN CIABATTA**

Grilled Chicken Fillet, Cashew Basil Mayonnaise, Baby Gem Lettuce, Crispy Bacon  
**Contains Allergens: 1(Wheat), 3, 8(Cashews), 10, 12**

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• **MAINS** •

**CHICKPEA & BEAN BURGER €24**

Baby Gem Lettuce, Tomato, Red Onion,  
Vegan Curry Mayonnaise, Vegan Beetroot Bun, Chips  
**Contains Allergens: 1(Wheat), 6, 10, 11, 12**

**BEVERAGE PAIRING:**

**CRONIN'S CIDER €7.90 Contains Allergens: 12(Sulphites)**

**T. CRONIN IRISH BEEF BURGER €24**

Cheddar Cheese, Streaky Bacon, Baby Gem Lettuce, Tomato, Red Onion,  
Red Chili Mayonnaise, Brioche Bun, Chips  
**Contains Allergens: 1(Wheat), 3, 6, 7, 10, 12**

**BEVERAGE PAIRING:**

**KILLARNEY LAGER €7.50 Contains Allergens: 1(Wheat, Barley)**

**SOUTHERN FRIED CHICKEN BURGER €24**

Coleslaw, Baby Gem Lettuce, Tomato, Red Onion,  
Hot Sauce, Brioche Bun, Chips  
**Contains Allergens: 1(Wheat), 3, 6, 7, 9, 10, 12**

**BEVERAGE PAIRING:**

**KILLARNEY LAGER €7.50 Contains Allergens: 1(Wheat, Barley)**

**WILD MUSHROOM PENNE €24**

Sautéed Mushrooms, Baby Spinach, Parmesan Cheese, Truffle Cream Sauce  
**Contains Allergens: 1(Wheat), 7, 12**

**BEVERAGE PAIRING:**

**AUNTSFIELD, SAUVIGNON BLANC, AUSTRALIA GLASS: €12**  
**Contains Allergens: 12**

**ROAST ATLANTIC SALMON €29**

Beetroot Puree, Baby Potato, Carrots, Lemon Parsley Cream Sauce  
**Contains Allergens: 4, 7, 12**

**BEVERAGE PAIRING:**

**KENNEL, COTE DE PROVENCE, ROSE, GLASS €12.00 Contains Allergens: 12**

**T. CRONIN 10 oz IRISH HEREFORD BEEF STRIPLOIN €36**

**Package €10 Supplement**

Baby Carrot, Roast Portabello Mushroom, Onion Ring, Chips, Bordelaise or Pepper Sauce  
**Contains Allergens: 1(Wheat), 4, 7, 12**

**BEVERAGE PAIRING:**

**MASI PASSO DOBLE, MALBEC, ARGENTINA GLASS: €13 Contains Allergens: 12**

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• **SIDE PLATES €5** •

**MIXED LEAVES**  
Contains Allergens: 12

**CHIPS**  
Contains Allergens: NONE

**CREAMY MASH**  
Contains Allergens: 7

**SEASONAL VEGETABLES**  
Contains Allergens: 7

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• **DESSERTS €10** •

**SEASONAL FRUIT TART**

Served with Sorbet

**Contains Allergens: 1(Wheat, Oats), 3, 6, 7, 12**

**BAILEY'S CHEESECAKE**

Graham Crust, White Chocolate Sauce,  
Whiskey Ice Cream

**Contains Allergens: 1(Wheat), 3, 6, 7, 12**

**DOUBLE CHOCOLATE PECAN BROWNIE**

Dark Chocolate Sauce, Salted Caramel Ice Cream

**Contains Allergens: 1(Wheat), 3, 6, 7, 8(Pecan)**

**APPLE & CARAMEL DELICE**

Caramel Sauce

**Contains Allergens: 1(Wheat), 3, 6, 7**

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